

Diphenhydramine (Benadryl, etc.) Dosage Table

Child's Weight (pounds)	20-24	25-37	38-49	50-99	100+	lbs
Liquid 12.5mg/5mL (tsp)	¾	1	1½	2	--	tsp
Chewable 12.5 mg	--	1	1½	2	4	tablets
Capsules 25 mg	--	--	--	1	2	caps

Indications: Treatment of allergic reactions, nasal allergies, hives and itching.

Table Notes:

- **AGE LIMITS:** For allergies, don't use under 1 year of age (Reason: it's a sedative). For colds, not recommended at any age (Reason: no proven benefits) and should be avoided if under 4 years old. Avoid multi-ingredient products in children under 6 years of age (Reason: FDA recommendations 10/2008).
- **DOSAGE:** Determine by finding child's weight in the top row of the dosage table
- **FREQUENCY:** Repeat every 6 hours as needed
- **ADULT DOSAGE:** 50 mg
- **CHILDREN'S BENADRYL FASTMELTS:** Each fastmelt tablet contains the equivalent of 12.5 mg of Diphenhydramine HCL and dosed the same as chewable tablets
- **MEASURING the DOSAGE:** Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medication. If you use a teaspoon, it should be a measuring spoon. Regular spoons are not reliable. Also, remember that 1 level teaspoon equals 5 ml and that ½ teaspoon equals 2.5 ml.

Disclaimer: This information is not intended to be a substitute for professional medical advice. It is provided for educational purposes only. You assume full responsibility for how you choose to use this information.

Source: American Academy of Pediatrics, Healthychildren.org

Ibuprofen

Dosages may be repeated every six to eight hours, but should not be given more than four times in twenty-four hours. (Note: Milliliter is abbreviated as mL; 5 mL equals 1 teaspoon [tsp]. Don't use household teaspoons, which can vary in size.) Be sure to read the label to make sure you are using the right product..

Age*	Weight†	Infant Drops 50 mg/1.25 mL	Children's Elixir 100 mg/5 mL	Chewable Tablets 50 mg tabs
6-11 mos.	12-17 lbs. (5.5-7.7 kg)	1.25 mL	2.5 mL	-
1-2 yrs.	18-23 lbs. (8.2-10.5 kg)	1.875 mL	3.75 mL	1 tablet
2-3 yrs.	24-35 lbs. (10.9-15.9 kg)	2.5 mL	5 mL	2 tablets
4-5 yrs.	36-47 lbs. (16.3-21.4 kg)	-	7.5 mL	3 tablets

*: Note: Age is provided as a convenience only. Dosing for fever should be based on current weight.

†: Weight given is representative of the age range.

As a general guideline, read and follow the instructions on the manufacturer's label when using any medication. Following the instructions is important to ensure that your child receives the proper dosages. Also, other over-the-counter medications, such as cold and cough preparations, may contain acetaminophen. The simultaneous use of more than one acetaminophen-containing product may be dangerous, so read all medication labels to ensure that your child is not receiving multiple doses of the same medicine. Also, as a general rule, do not give a child under two years old either acetaminophen or any other medication without the advice of your pediatrician.

Some parents have tried alternating between giving acetaminophen and ibuprofen when their child is running a fever. This approach, however, can cause medication errors—"Which medicine am I supposed to give him next?"—and could lead to potential side effects. So if your child is uncomfortable with a fever, choose which medicine to give, and then give it consistently. Either ibuprofen or acetaminophen is effective in reducing fever and making your child feel better. Always consult your doctor before changing the dose schedule, or using these medicines in combination.

Also keep in mind that over-the-counter cough and cold medicines should not be given to infants and children under two years of age because of potentially serious side effects. Studies also have shown that these cough and cold products are not effective in treating the symptoms of children under six years old, and may even pose health risks.

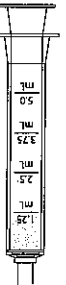
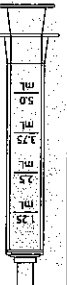
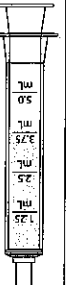














Source: American Academy of Pediatrics, Healthychildren.org

Infants', Children's and Jr. TYLENOL®

Use this chart to determine the proper dose of TYLENOL® for your patient. If possible, use weight to dose; otherwise use age.

Dosing Information for Healthcare Professionals

DOSE — Give your patient the dose indicated below every 4 hours as needed. Do not give more than 5 doses in 24 hours.

Weight (lbs)	Age	Infants' TYLENOL® Oral Suspension	Children's TYLENOL® Oral Suspension	Children's TYLENOL® Meltaway Chewable Tablets	Jr. TYLENOL® Meltaway Chewable Tablets
6-11 lbs	0-3 mos	1.25 mL  Use only as directed.	—	—	—
12-17 lbs	4-11 mos	2.5 mL  Use only as directed.	—	—	—
18-23 lbs	12-23 mos	3.75 mL  Use only as directed.	—	—	—
24-35 lbs	2-3 yrs	5 mL  Use only as directed.	5 mL (1 tsp) 	2 tablets 	—
36-47 lbs	4-5 yrs	—	7.5 mL (1½ tsp) 	3 tablets 	—
48-59 lbs	6-8 yrs	—	10 mL (2 tsp) 	4 tablets 	2 tablets 
60-71 lbs	9-10 yrs	—	12.5 mL (2½ tsp) 	5 tablets 	2½ tablets 
72-95 lbs	11 yrs	—	15 mL (3 tsp) 	6 tablets 	3 tablets 

mL = milliliter
tsp = teaspoonful

Remind parents and caregivers to:

- Read and follow the label on all TYLENOL® products
- Take every 4 hours as needed
- Do NOT exceed more than 5 doses in 24 hours
- Do NOT use with any other product containing acetaminophen
- Keep all medicines out of the reach of children
- Do NOT administer adult medicines to children
- Use only the dosing device that comes with a specific product:
 - Infants' TYLENOL® Oral Suspension — enclosed SimpleMeasure™ syringe
 - Children's TYLENOL® Oral Suspension — enclosed measuring cup

- Children's TYLENOL® Meltaway Chewable Tablets are not the same concentration as Jr. Strength TYLENOL® Meltaway Chewable Tablets. Jr. TYLENOL® Meltaway Chewable Tablets contain 160mg of acetaminophen, while Children's TYLENOL® Meltaway Chewable Tablets contain 80mg of acetaminophen
- All Infants' and Children's TYLENOL® Oral Suspension products in stores have the same acetaminophen concentration (160mg/5mL)

